

Module II

Module II is filled with several functional applications for upright posture

Did you know that there were six different upright postures; seven if you count the neutral posture? In general, four of these six postures are cerebellar and the other two are thalamic. But how can you tell the difference?

While Module I was more academic, Module II will be more practical. Building on the ideas we learned in Module I, this class focuses on the subtleties of upright posture and how to optimize dysfunctional postural dynamics.

You will learn:

1. The **crossed cord (or crossed extensor) reflex**
 - a. How to observe it
 - b. Specific secrets to treating it
2. New spinal muscle applications for **the Galant reflex** (because it is essential for a functional posture)
 - a. **The new Modified Galant reflex**
 - b. **The new Upper Galant reflex**
3. The **tonic lumbar reflex**
 - a. Learn how to test the tonic lumbar reflex
 - b. Differentiate between the tonic lumbar reflex and the Galant reflex
 - c. Apply your treatment techniques to the postures learned to date and see the difference you can make in your patient's nervous system



The Quick Reference manual contains tables and diagrams for simple retrieval during a busy day.

NOTE: Modules I and II are a must if you want to advance your understanding of manual muscle testing as functional neurology and its application to human performance.