

Receptor Based Solutions™; Functional Neurology Every Doctor Should Know

Overview of Dr. Allen's Ten Module Physiological Reflex Series

Doctor, independent of your method of practice, if you are not evaluating your patients from a neuromusculoskeletal perspective using functional manual muscle testing (fMMT) as functional neurology, you are missing a wealth of clinical data that cannot be discovered elsewhere.

Before you feel that your clinical expertise is adequate and there is no need to address physiological reflex issues, consider this: **Benjamin Franklin once said there were only two things certain in life: death and taxes. But I'd like to add a third certainty: Gravity.**

Gravity is the only constant in life—besides death and taxes—and it affects everyone and everything within its influence. No matter how much one tries to escape it, gravity has its way with the human nervous system.

Researchers are finding out that no matter where we are in the totality of the universe, the human condition must submit to the influence of gravity. The entire nervous system is receptor driven by means of mechanoreceptors that indicate the person's orientation to their environment. And that orientation ultimately affects the brain and therefore the contraction of muscles.

This concept applies to every single one of your patients. Their nervous system requires that they physically be found in the exact same place their nervous system thinks they are if not then they are in trouble because **the highest incidence of accidental death comes from incidental falls.**

Dr. Michael D. Allen has created this *Receptor Based Solutions® Series* to help doctors better understand his unique approach to evaluating and treating physiological reflex display using manual muscle testing as functional neurology. You will learn how the human brain experiences its response to gravity and the simple ways you—the doctor—can intervene to better help your patients maintain their proper reverence to their environment.

Modules I and II (pages 7 & 9) teach you several simple muscle tests used to evaluate your patient's functional physiological reflex display, which gives you a greater understanding of their reference to gravity.

Modules III and IV (pages 10 & 11) help you understand more about cerebellar surround inhibition and the soft signs of the pyramidal distribution of weakness, and your patient's involvement with their receptor dependent system.

Module V (page 12) will teach you specific exercises to rehab each person's functional posture(s) and how to maintain their stability.

Module VI (page 13) teaches you how to evaluate your patient's nutritional status from a fundamental perspective using the HealthBuilderS® Nutrition Exam.

Module VII (page 14) introduces an exciting look at vestibular performance; the semicircular canals, the utricles and saccules.

Module VIII (page 16) teaches you how to treat functional heart-brain conditions.

Module IX (page 18) teaches you how to count in base 2, and gives you a multitude of ways this advanced technique can be applied to your newly developed clinical skills.

Finally, Module X (page 19) re-examines the HealthBuilderS® Nutrition Exam from a more advanced functional perspective.

Look further to learn more specifics about each module: